

When Should You See a Foot and Ankle Orthopaedic Surgeon?

Tired and achy feet can simply be a result of standing too long. But some foot or ankle issues may be symptoms of more serious problems. How do you know when you need to get medical attention from a foot and ankle orthopaedic surgeon?



Make an appointment with a Foot and Ankle Orthopaedic Surgeon if you experience any of the following:

Pain that persists for **more than 72 hours** or that increases with walking

Pain after an **ankle sprain**

“Clicking,” “locking” or “catching” in the ankle

High-arched feet or flatfeet that become painful

Arthritis in the foot or ankle after an old injury

Achilles tendon injury

Ankle or foot **fracture**

Deformity of the foot or ankle

Curling of one or multiple toes

Painless **ulcers or blisters** on the feet

FOOT AND ANKLE ORTHOPAEDIC SURGEONS

have the medical training and experience to keep your feet healthy and pain free

For trusted, reliable information on your foot and ankle health, visit

[FootCareMD.org](https://www.footcaremd.org)

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